



# Health Fair Returns to South Milwaukee Market on September 5

*South Shore Family Chiropractic Sponsors Event for Third Year*

SOUTH MILWAUKEE – The Health Fair is returning to the South Milwaukee Downtown Market.

The third-annual event, presented by South Shore Family Chiropractic, will be held from 3 to 7 p.m. on Thursday, Sept. 5. It will be located in the section of the market east of 11th Avenue.

More than 20 health fair vendors are expected, in addition to the dozens of regular market vendors selling produce, organics, arts, crafts, baked goods, prepared food and more.

Attendees can speak with a variety of health professionals from South Shore Family Chiropractic, Accelerated Rehab, Angelic Bakehouse, Anytime Fitness, American Heart Association, Curves, Dowling Community Acupuncture, Grobschmidt Senior Center, Kelly Senior Center/Interfaith, Parkway Floral, South Milwaukee Fire Department, South Milwaukee Fitness Center, South Milwaukee Health Department, South Milwaukee Police Department, The Sleep Wellness Institute, UW Extension-Nutrition Education/Human Concerns, Walgreens, Wheaton Franciscan Healthcare-St. Francis, YMCA-South Shore and more.

Attendees will also be given a Wellness Adventure Passport to have stamped at each Health Fair booth for entering into a drawing for prizes donated by vendors.

“We’re excited to welcome the Health Fair back to the market and partner with South Shore Family Chiropractic,” said Market Chairman David Kieck. “We want to make the community a healthier place, so these types of events are a great fit for us.”

South Shore Family Chiropractic, 1333 College Ave., Suite M, South Milwaukee, is excited to partner with the farmers’ market on the Health Fair, said Dr. Steven Scheuing, clinic director for the chiropractic firm.

“Knowledge is power, and people need to understand that they are in control of their own health. South Shore Family Chiropractic is excited to sponsor and promote healthy lifestyle choices in our community,” Scheuing said.

The South Milwaukee Downtown Market is located on 11<sup>th</sup> and Milwaukee Avenues. Learn more at [www.smmarket.org](http://www.smmarket.org). Learn more about South Shore Family Chiropractic at its website: <http://www.ssfamilychiro.com/>.

**About South Shore Family Chiropractic**

South Shore Family Chiropractic is a 25-year-old family wellness practice in South Milwaukee. We have two doctors and two massage therapists. Our focus is on prevention, family wellness care, and healthy alternatives solutions to common health problems. We approach each person as an individual and get to the root cause of their health issues so that we can help them create a road map to better health and wellness. What makes our office different than most is that we do take a more holistic, whole body approach to lifetime wellness, rather than focusing just on the back or just on a single health concern.

**About the South Milwaukee Downtown Market**

Area residents looking for a unique shopping experience travel to downtown South Milwaukee, where they find an eclectic mix of merchants selling fresh fruits and vegetables, baked goods, flowers, art, jewelry and other local goods. They also find a sampling of area restaurants, live entertainment and special events as part of what is a true destination for families, foodies and everyone in between. It's a simple yet ambitious vision – one that the South Milwaukee Downtown Market has achieved ever since it launched in July of 2009. Located on 11th and Milwaukee Avenues near the heart of the South Milwaukee city center, the Downtown Market has grown to become one of the largest in the area with more than 60 regular vendors and hundreds of regular customers. It is operated by a committee of local residents, business owners and city and civic leaders that all have the same goal in mind: find new ways to breathe new life and instill new energy in downtown South Milwaukee.

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**South Milwaukee Downtown Market**

[www.smmarket.org](http://www.smmarket.org) and on Facebook, Twitter and YouTube

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