



SUMMER 2015 FREE LUNCH MENU

Free Lunch Is In – When School Is Out

Menu items are subject to change



South Milwaukee High School Site

801 15th Avenue – enter through northeast door #29
(Field House entrance near the totem pole)

Monday through Friday – 11:30am to 1:00pm

Monday, June 22, 2014 through Friday, August 7, 2014



The Garden Spot

Students may choose from a choice of various fresh fruits or vegetables in place of potatoes, hot veggies, or a canned fruit.

The Garden Spot is offered Monday through Thursday.

Adult Meal costs \$3.25 (This price includes a milk)

Monday	Tuesday	Wednesday	Thursday	Friday
June 22 Hot Dog on a WG Bun w/ Toppings Oven Baked Fries Baked Beans Fresh Melon Slices	June 23 Chicken Pattie on WG Bun w/Mayo & Lettuce Steamed Corn Romaine Salad w/Cucumbers & Tomatoes Orange Slices	June 24 Lasagna Warm Garlic Bread Steamed Broccoli Banana Pudding Cup	June 25 Soft Shell Beef Tacos w/ Lettuce, Cheese, Sour Cream & Salsa Spanish Rice Baby Carrots & Dip Frozen Fruit Slushie	June 26 Pizza Wedge Steamed Green Beans Tossed Salad w/ Dressing Choice Diced Peaches Juice Cup
June 29 Chicken Nuggets Mashed Potatoes & Gravy Steamed Carrots Diced Pears	June 30 Deli Turkey or Ham & Cheese on WG Bun Seasoned Fries Fresh Vegetables & Dip Watermelon Wedge	July 1 Bosco Stick w/ Marinara Sauce Italian Blend Vegetables Romaine Salad w/Dressing Fresh Berries	July 2 Pancakes w/ Syrup Scrambled Eggs Sausage Link Tator Tots Applesauce	July 3 BBQ Rib on a WG Bun Baked Potato w/Toppings Fresh Vegetables w/Dip Fresh Fruit Ice Cream Cup
July 6 Chicken Tenders Steamed Peas Sun Chips Banana Frozen Juice Bar	July 7 Hamburger or Cheeseburger Oven Baked Fries Corn Fresh Fruit	July 8 Chicken & Cheese Quesadilla Refried Beans Spanish Rice Fresh Melon Cinnamon Toast Crunch Chips	July 9 Deli Turkey or Ham & Cheese on a WG Bun Coleslaw Or Carrots w/Dip Baked Lays Fresh Fruit	July 10 Sloppy Joe on WG Bun Baked Beans Carrot & Celery Sticks Fresh Fruit Fruit Slushie
July 13 Pizza Romaine Salad w/Dressing Steamed Green Beans Fresh Fruit Ice Cream	July 14 Spaghetti w/Meat Sauce Warm Breadstick Tossed Salad or Steamed Broccoli Cinnamon Applesauce	July 15 Deli Turkey or Ham & Cheese on WG Bun Carrots w/Dip Pretzels Potato Salad Fresh Fruit	July 16 Chicken Nuggets Oven Baked Fries Corn Fresh or Canned Fruit	July 17 Macaroni & Cheese OR Peanut Butter & Jelly Sandwich Steamed Carrots WG Roll Fresh Broccoli w/Dip Juice Cup
July 20 Chicken Tenders Steamed Carrots Tossed Salad w/Dressing French Fries Fresh Fruit	July 21 French Toast Sticks Sausage Hash Brown Patty Blueberry Muffin Orange Juice	July 22 Hamburger or Cheeseburger Oven Baked Fries Mixed Vegetables Fresh Fruit Ice Cream Treat	July 23 Soft Shell Beef Tacos W/Toppings Corn Chips & Salsa Corn Fresh Fruit	July 24 Pizza Romaine Salad w/Dressing Steamed Broccoli Fresh Fruit OR Juice Cup
July 27 Turkey & Cheese on WG Bun or Peanut Butter & Jelly Baked Lays Carrot & Celery Sticks Fresh or Canned Fruit	July 28 Chicken Patty on WG Bun Steamed Carrots Oven Baked Fries Fresh Fruit Sherbet Cup	July 29 Pancakes w/Syrup Scrambled Eggs Hash Brown Triangle Applesauce OR Juice Cup OR Yogurt Cup	July 30 Pizza Tossed Salad w/ Dressing Steamed Green Beans Fresh or Canned Fruit	July 31 Hot Dog on WG Bun Baked Beans Coleslaw Oven Baked Fries Fresh Fruit OR Juice Cup
August 3 Hamburger or Cheeseburger Oven Baked Fries Corn Fresh or Canned Fruit	August 4 Pizza Tossed Salad w/Dressing Steamed Broccoli Fresh or canned Fruit OR Juice Cup	August 5 Chicken Tenders Carrots & Celery Sticks w/Dip Mashed Potatoes Fresh or Canned Fruit Ice Cream Treat	August 6 Deli Turkey or Ham & Cheese on WG Bun OR Peanut Butter & Jelly Fresh Vegetables w/Dip or Coleslaw Fresh or Canned Fruit	August 7 Macaroni & Cheese Steamed Carrots WG Roll Tossed Salad w/Dressing Fresh or Canned Fruit Fruit Slushie Ice Cream Treat

Last Day of Summer Lunch

Milk is served with all meals. 1% white, skim white, and skim chocolate are available.

This institution is an equal opportunity provider.