



# SUMMER 2015 FREE LUNCH MENU

**Free Lunch Is In – When School Is Out**

**Menu items are subject to change**



## South Milwaukee High School Site

**801 15<sup>th</sup> Avenue – enter through northeast door #29  
(Field House entrance near the totem pole)**

**Monday through Friday – 11:30am to 1:00pm**

**Monday, June 22, 2014 through Friday, August 7, 2014**



## The Garden Spot

Students may choose from a choice of various fresh fruits or vegetables in place of potatoes, hot veggies, or a canned fruit. The Garden Spot is offered Monday through Thursday.

**Adult Meal costs \$3.25 (This price includes a milk)**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>June 22</b> Hot Dog on a WG Bun w/ Toppings Oven Baked Fries Baked Beans Fresh Melon Slices	<b>June 23</b> Chicken Pattie on WG Bun w/Mayo & Lettuce Steamed Corn Romaine Salad w/Cucumbers & Tomatoes Orange Slices	<b>June 24</b> Lasagna Warm Garlic Bread Steamed Broccoli Banana Pudding Cup 	<b>June 25</b> Soft Shell Beef Tacos w/ Lettuce, Cheese, Sour Cream & Salsa Spanish Rice Baby Carrots & Dip Frozen Fruit Slushie	<b>June 26</b> Pizza Wedge Steamed Green Beans Tossed Salad w/ Dressing Choice Diced Peaches Juice Cup
<b>June 29</b> Chicken Nuggets Mashed Potatoes & Gravy Steamed Carrots Diced Pears	<b>June 30</b> Deli Turkey or Ham & Cheese on WG Bun  Seasoned Fries Fresh Vegetables & Dip Watermelon Wedge	<b>July 1</b> Bosco Stick w/ Marinara Sauce Italian Blend Vegetables Romaine Salad w/Dressing Fresh Berries	<b>July 2</b> Pancakes w/ Syrup Scrambled Eggs Sausage Link Tator Tots Applesauce	<b>July 3</b> BBQ Rib on a WG Bun Baked Potato w/Toppings Fresh Vegetables w/Dip Fresh Fruit Ice Cream Cup
<b>July 6</b> Chicken Tenders Steamed Peas Sun Chips Banana Frozen Juice Bar	<b>July 7</b> Hamburger or Cheeseburger Oven Baked Fries Corn Fresh Fruit	<b>July 8</b> Chicken & Cheese Quesadilla Refried Beans Spanish Rice Fresh Melon Cinnamon Toast Crunch Chips	<b>July 9</b> Deli Turkey or Ham & Cheese on a WG Bun Coleslaw Or Carrots w/Dip Baked Lays Fresh Fruit	<b>July 10</b> Sloppy Joe on WG Bun Baked Beans Carrot & Celery Sticks Fresh Fruit Fruit Slushie
<b>July 13</b> Pizza Romaine Salad w/Dressing Steamed Green Beans  Fresh Fruit Ice Cream	<b>July 14</b> Spaghetti w/Meat Sauce Warm Breadstick Tossed Salad or Steamed Broccoli Cinnamon Applesauce	<b>July 15</b> Deli Turkey or Ham & Cheese on WG Bun Carrots w/Dip Pretzels Potato Salad Fresh Fruit	<b>July 16</b> Chicken Nuggets Oven Baked Fries Corn Fresh or Canned Fruit	<b>July 17</b> Macaroni & Cheese OR Peanut Butter & Jelly Sandwich Steamed Carrots WG Roll Fresh Broccoli w/Dip Juice Cup
<b>July 20</b> Chicken Tenders Steamed Carrots Tossed Salad w/Dressing French Fries Fresh Fruit	<b>July 21</b> French Toast Sticks Sausage Hash Brown Patty Blueberry Muffin Orange Juice	<b>July 22</b> Hamburger or Cheeseburger Oven Baked Fries Mixed Vegetables Fresh Fruit Ice Cream Treat	<b>July 23</b> Soft Shell Beef Tacos W/Toppings Corn Chips & Salsa Corn Fresh Fruit	<b>July 24</b> Pizza Romaine Salad w/Dressing Steamed Broccoli Fresh Fruit OR Juice Cup
<b>July 27</b> Turkey & Cheese on WG Bun or Peanut Butter & Jelly Baked Lays Carrot & Celery Sticks Fresh or Canned Fruit	<b>July 28</b> Chicken Patty on WG Bun Steamed Carrots Oven Baked Fries Fresh Fruit Sherbet Cup	<b>July 29</b> Pancakes w/Syrup Scrambled Eggs Hash Brown Triangle Applesauce OR Juice Cup OR Yogurt Cup	<b>July 30</b> Pizza Tossed Salad w/ Dressing Steamed Green Beans Fresh or Canned Fruit	<b>July 31</b> Hot Dog on WG Bun Baked Beans Coleslaw Oven Baked Fries Fresh Fruit OR Juice Cup
<b>August 3</b> Hamburger or Cheeseburger Oven Baked Fries Corn Fresh or Canned Fruit	<b>August 4</b> Pizza Tossed Salad w/Dressing Steamed Broccoli Fresh or canned Fruit OR Juice Cup	<b>August 5</b> Chicken Tenders Carrots & Celery Sticks w/Dip Mashed Potatoes Fresh or Canned Fruit Ice Cream Treat 	<b>August 6</b> Deli Turkey or Ham & Cheese on WG Bun OR Peanut Butter & Jelly Fresh Vegetables w/Dip or Coleslaw Fresh or Canned Fruit	<b>August 7</b> Macaroni & Cheese Steamed Carrots WG Roll Tossed Salad w/Dressing Fresh or Canned Fruit Fruit Slushie Ice Cream Treat <b>Last Day of Summer Lunch</b>

**Milk is served with all meals. 1% white, skim white, and skim chocolate are available.**

*This institution is an equal opportunity provider.*