



SEPT. 10, 2015

WALK FOR THE *HEALTH OF IT*

Downtown Market Health Fair

Make a FREE 3K walk part of your visit to the Downtown Market and the annual Market Health Fair on Thursday, September 10. Browse vendor booths and pick up fresh healthy produce to complete your evening of healthy eating and physical activity!



Take a **WALKING**
step to wellness!

Call 414-768-8055
to pre-register

Complete the walk
and receive prizes!

Check in at the
Market Health Fair
(Health Dept. booth)
between 3pm-6pm
& receive your map

3K loop starts and
ends at the
Downtown Market

SOUTH MILWAUKEE HEALTH DEPARTMENT

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