



# SEPT. 10, 2015

# WALK FOR THE

# HEALTH OF IT

## Downtown Market Health Fair

Make a FREE 3K walk part of your visit to the Downtown Market and the annual Market Health Fair on Thursday, September 10. Browse vendor booths and pick up fresh healthy produce to complete your evening of healthy eating and physical activity!



Take a WALKING  
step to wellness!

Call 414-768-8055  
to pre-register

Complete the walk  
and receive prizes!

Check in at the  
Market Health Fair  
(Health Dept. booth)  
between 3pm-6pm  
& receive your map

3K loop starts and  
ends at the  
Downtown Market

**SOUTH MILWAUKEE  
HEALTH DEPARTMENT**

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[www.smwi.org](http://www.smwi.org)